HOT, HOT ROTI

(Adult supervision and help required)

1 cup wheat (chapatti) flour, plus 2 tablespoons flour for dusting and rolling the dough
¹/₄ cup lukewarm water, plus more as needed
2 pinches salt

2 tablespoons melted butter.

- 1. Mix the flour, salt, and water in a bowl. If necessary, add more water a tablespoon at a time until the dough reaches a pliable consistency.
- 2. Knead the dough until it is soft, smooth, and slightly sticky. Cover the bowl and let the dough rest for 20 minutes.
- 3. Divide the dough into four balls. Press down on each ball to form a 2-inch disk.
- 4. Dust a clean countertop or cutting board with a sprinkle of flour. Roll each disk of dough into a 6-inch roti about the thickness of a penny. Always roll from the center to the edge. Dust the rolling pin with a little more flour if the dough sticks. Don't worry if the roti is not perfectly round.
- 5. Heat a skillet on medium high heat. It is ready when water sprinkled on it sizzles and the droplets evaporate instantly.
- 6. Lay a roti on the preheated skillet. Let it cook for about 30 seconds, then flip it over with a spatula. Cook the roti for about 40 seconds more, moving it around on the skillet. Check the underside for scattered brown spots and the top for the beginnings of steam bubbles.
- 7. Flip the roti over a third and fourth time. Then gently press down on the top with a spatula for about 30 seconds. This will make the roti puff up. A fully-cooked roti should be dry on the surface and have scattered golden brown spots on both sides.
- 8. Remove the roti from the skillet, immediately brush it with melted butter, and serve it hot, hot!

Helpful tip: Use the first roti as a test roti. The rest will turn out better! Practice makes perfect. *Hunh-ji*!