

## Domestic Tooth Brushing

You may adapt this task analysis to your home or school environment

Date							
Initials							
1) Get supplies							
2) Walk to bathroom							
3) Set down supplies							
4) Pick up toothbrush							
5) Turn on water							
6) Pick up toothpaste							
7) Turn off water							
8) Pick up toothpaste							
9) Squeeze toothpaste on brush							
10) Set toothpaste down							
11) Brush left bottom							
12) Brush right bottom							
13) Brush bottom center							
14) Brush top left							
15) Brush top right							
16) Brush top center							
17) Rinse mouth							
18) Put supplies back in container							
19) Get paper towel							
20) Wipe mouth							
<b>TOTAL √</b>							
<b>%</b>							